

2007-2008 Competitive Schedule

ALL CURRENT USA GYMNASTICS RULES AND POLICIES (R & P) must be followed for sanctioned competitive events. For more information, visit www.usa-gymnastics.org.

NC USAG Competitive Floor Dress Guidelines

Professional attire is requested and recommended:

- No flip flops or sandals
- No jeans
- No spaghetti strap tanks

Declaration Date

North Carolina USA Gymnastics State Administrative Committee does not require a sectional to qualify for any State Meet. A qualifying meet needs only be sanctioned and follows the Rules and Policies.

Therefore this is an explanation of a "Declaration Date" in R & P, Section I Eligibility, C., Dropping Back through the Levels, #1.

When contemplating a new level, a gymnast is allowed to compete to levels, at will, before a State Meet. However, the gymnast must be qualified at the level of the State Meet she enters by the Declaration Date.

For example: A gymnast qualifies for the level 5 State in October, but competes as a level 6 in November and qualifies for the level 6 State Meet. If she decides that she wants to compete in the level 5 State Meet, she needs to re-qualify as a level 5 by the Declaration Date.

Coach Information

Coaches are reminded to please wear credentials on competitive floor. The NC USA Gymnastics will provide a clip-on, retractable badge holder. These will be delivered at the Compulsory Judges Cup or mailed to those not attending.

State Meet Late Entries

If a gym requests an entry after the deadline:

- The gymnast(s) will be accepted on a scratched-only basis
- The gym must pay a fine of \$25 per gymnast to NC-USAG
- The fee must be in the Meet Director's hand before the meet's first session

NC-USA Gymnastics Athlete Registration

A \$10.00 per NC-USA Gymnastics registration fee should be sent to NC USA Gymnastics, 86 Rollo Road., Grantsboro, NC 28529. Coaches are reminded to complete the registration form (can be found on www.nc-usag.org website). This fee might be collected at the same time fees are requested for national USA Gymnastics Athlete Memberships in July/August.

The NC gymnasts may qualify to a State Meet from any USAG sanctioned meet. (exception: Prep Optional gymnasts must qualify in state)

Meet Director Information

All MEET DIRECTORS are reminded that a competition fee of \$2.50 per gymnast and a completed sanction report form should be sent to NC USA Gymnastics, 86 Rollo Road., Grantsboro, NC 28529 within one week of the meet. Meet Directors are also reminded to send the meet schedule information to judges at the same time the information is sent to the teams.

ALL STATE MEET DIRECTORS are reminded to send a fee of \$3.00 per gymnast (awards provided), a financial report within 6 weeks, and a completed sanction report form within 48 hours to NC USA Gymnastics, 86 Rollo Road., Grantsboro, NC 28529

The team competition fee for the State Meet is \$35.00. The host gym will order the team trophies – up to places per level. The State banners will be awarded for 1st, 2nd, and 3rd. The host gym will pay for the team awards and the banners from the team entry fees. All MEDALS are ordered by the NC USAG. Contact Jennie Adams with the age-group numbers for the medal information two weeks prior to the State Meet.

The State Meets must be run using a Capital Cup or Modified Capital Cup format and must use an efficient computerized scoring program(s). (06-03-2006 Board Meeting)

There will be no TEAM FINALS at the level 5/6 State Meet. The team winner will be determined in the traditional way, counting the top 3 scores during the meet. (06-02-2007)

Gate Fees

The State Meet gate fees (set by the NC USAG Board) should not be more than \$5/adult/day, \$3/student/day, or \$12/family/day. The invitational meets gate fees are determined by the host gyms but the host gyms are encouraged to publish gate prices in pre-meet information.

State Meet Entry Fees

All State Meets will field 4 judge panels with the exception of the Prep Optional State Meet. The entry fees are as follows:

- \$65.00 for the Optional State Meet
- \$55.00 for the Compulsory State Meet
- \$45.00 for the Prep Optional State Meet (\$50.00 if an outside facility is used)

2007-2008 State Meet Qualifying Scores

Level 4 – 32.00 AA	Level 5 – 32.00 AA
Level 6 – 31.00 AA	Level 7 – 31.00 AA
Level 8 – 32.00 AA	Level 9 & 10 – 32.00 AA
Rookie 1 – 30.00 AA	Rookie 2 – 32.00 AA
Novice – 31.00 AA	Prep 1 – 31.00 AA

Awards Recommendation

USA Gymnastics provides minimum guidelines for presenting individual awards in the annual Rules and Policies (R & P) Handbook, usually in the Section titled Jr. Olympic Awards.

NC USA Gymnastics augments the suggested number of awards at the State Meets by presenting medals and plaques only, extending awards to about one-half of the gymnasts in each age group. The age groups are encouraged to be set at a maximum of 30 gymnasts. (03-16-2005)

All PERSONNEL on the competitive floor should have a current professional membership card visibly displayed – including the current Safety Certification date. It is the meet directors' responsibility to verify current Professional memberships.

All COACHES are reminded that the non-competing gymnasts and young children should not be on the competitive floor as spectators – for safety reason.

REGION 8 OFFICIALS

Regional Website – www.region8gymnastics.org

Debby Kornegay	Region 8 Committee Chair	debgk@bellsouth.net
Marian Dykes	Region 8 Technical Chair	mariandykes@aol.com
Paul Padron	Region 8 Junior Olympic Chair	phpadron@knology.net
Sheila Ragle	Region 8 Judging Director	sragle@aol.com

NC USA Gymnastics Board Members

Jennie Adams 86 Rollo Road Grantsboro, NC 28529 252-249-2825 h & f 252-514-5870 c	NC State Chair	jenniekadams@coastalnet.com jennie.adams@arapahoe.charter.k12.nc.us
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Webmaster

Report Meet Scores to:
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